Contents

From the Race Directors ......................................................... 3
1 Overview Maps .............................................................. 4
2 Race Week Schedule of Events ...................................... 6
3 Bib Pickup ................................................................. 8
4 PPM Expo Supported by Scheels .............................. 8
5 Runner Parking .......................................................... 9
6 Race Start Details ......................................................... 10
7 Rules ............................................................................. 11
8 Cutoff Times and Runner Tracking .......................... 12
9 Course Details .............................................................. 13
10 Ascent Day: Summit Visitors Center and Leaving the Summit ........................................... 14
11 Spectators ................................................................. 14
12 Runner Item ............................................................... 16
13 Awards and After Party .............................................. 17

Thank you, sponsors!
From the Race Directors

Greetings, 2023 Pikes Peak Marathon and Pikes Peak Ascent Runners,

On behalf of our Pikes Peak Marathon, Inc., race staff, committee, and volunteers we want to welcome you to Manitou Springs and the exciting race week that is about to commence. The Pikes Peak Ascent and 68th Pikes Peak Marathon are incredible feats and we look forward to celebrating each and every runner’s accomplishment taking place on America’s Mountain.

Join us in welcoming our Golden Trail Series runners from 17 countries and across the United States. These runners will test their limits during the Pikes Peak Ascent to contend for points in either the Golden Trail World Series or Golden Trail National Series. Follow along with the Golden Trail Series races powered by Salomon as the crew of athletes head to Mammoth Lakes California after the Ascent for another U.S. competition.

This is our second year hosting these races in September. While we had exceptional weather in 2022, we want you to know that Pikes Peak weather is always a concern. These are true mountain events, where it is not always guaranteed that you will summit and weather conditions are a primary factor to your safety, enjoyment, and success. The safety of our runners and support staff is paramount, followed by our leave no trace guidelines. Please be sure to be aware of the continued mandatory gear and water bottle requirements. The requirement to carry a hooded, windproof, water-resistant jacket and a 12-ounce or larger refillable and sealable water vessel has been designed to enhance everyone’s overall race experience.

We hope to see you in Memorial Park for our race expo beginning on Thursday, Sept. 14 from 4:30 p.m. to 7:30 p.m. and continuing all day on Friday, Sept. 15. Enjoy runner camaraderie and check out the full schedule of events we have for you on Friday. New this year we are offering an easy shakeout run with our sponsors Fleet Feet Colorado Springs and Salomon from Memorial Park on Friday at 9:30 a.m. before the expo opens for the day. Then we will be sure to elevate the race anticipation energy during our elite athlete and Salomon athlete press conference and presentation at 4:00 p.m. on Friday. Stick around for athlete poster signing!

For last-minute race updates and additional information, be sure to keep an eye on our Facebook page.

The whole community of Manitou Springs and the Pikes Peak race staff and volunteers wish you the best on your run up (and down) Pikes Peak. Enjoy spending time in Manitou Springs and be sure to hear some incredible runner stories over the course of the race weekend.

See you on the trail!

Jordan Linder, Race Director
Ryan Linder, Race Director
Ron Ilgen, Executive Race Director
1 Overview Maps

THURSDAY/FRIDAY EXPO – Memorial Park, Manitou Springs

SATURDAY EXPO – Memorial Park, Manitou Springs
SATURDAY/SUNDAY START LINE – Memorial Park, Manitou Springs

SUNDAY FINISH – Soda Springs Park, Manitou Springs

Hiawatha Parking Lot
CITY OF MANITOU SPRINGS
All Day Sat or Sun
$15
2 Race Week
Schedule of Events

THURSDAY
SEPTMBER 14, 2023
Memorial Park
502 Manitou Avenue
Manitou Springs

4:30 PM - 7:30 Pikes Peak Marathon Expo supported by Scheels
- Ascent & Marathon Bib pickup
- Ascent-specific parking pass pickup
- Merchandise sales
- Beer garden

FRIDAY
SEPTMBER 15, 2023
Memorial Park
502 Manitou Avenue
Manitou Springs

9:30 AM - Shakeout Run Powered by Fleet Feet & Salomon
- Meet at the expo entrance of Memorial Park, the corner of El Paso Blvd and Old Man's Trail
- Post-run donuts and coffee provided by Fleet Feet

10:00 AM - 7:00 PM Pikes Peak Marathon Expo supported by Scheels
- Ascent & Marathon Bib pickup
- Ascent-specific parking pass pickup
- Merchandise sales
- JAKs Beer Garden (12:00 PM - 7:00 PM)

12:00 PM - 5:00 PM
- Cheer Station Posters at the Salomon Tent

1:00 PM
- Nutrition on the Trails with Skratch Labs

2:00 PM - 4:00 PM
- Hydration Gear Rehab at the Hydrapak Tent

3:00 PM
- ‘Phil Up Your Heart’ Fund Award

4:00 PM
- Press Conference
  - top 3 GTWS runners + local elite runners

4:30 PM
- Golden Trail World Series Athlete Presentation
  - top 10 GTWS men/women

5:00 PM
- Salomon Athlete Poster Signing Session

7:00 PM
- Trail Film at Memorial Hall | 606 Manitou Avenue
**SATURDAY**

**SEPTEMBER 16, 2023**

**Memorial Park**
502 Manitou Avenue
Manitou Springs

**SUNDAY**

**SEPTEMBER 17, 2023**

**Memorial Park**
502 Manitou Avenue
Manitou Springs

**Soda Springs Park**
1016 Manitou Avenue
Manitou Springs

---

**5:30 AM - 7:00 AM**
- Bib pickup - Ascent ONLY
  - Sweat Check

**7:00 AM**
- Pikes Peak Ascent Wave 1 start
- 7:02 AM Wave 2 start
- 7:03 AM Wave 3 start
(each wave begins 60 seconds after the previous wave)

**9:00 AM - 9:30 AM**
- First finishers expected at Pikes Peak Summit

**9:00 AM - 6:00 PM Pikes Peak Marathon Expo supported by Scheels**
- Post-race party, food
- Merchandise sales
- JAKs Beer Garden (9:00 AM - 6:00 PM)

**1:00 PM - 6:00 PM**
- Bib Pickup for Marathon only

**1:30 PM**
- Ascent Finish Line Closes

**5:00 PM**
- Ascent Awards Ceremony

---

**5:30 AM - 7:00 AM**
- Bib pickup - Marathon ONLY
  - Sweat Check

**7:00 AM**
- Pikes Peak Marathon Wave 1 start
- 7:02 AM Wave 2 start
- 7:03 AM Wave 3 start
(each wave begins 60 seconds after the previous wave)

**10:00 AM - 5:30 PM**
- Post-race party at Soda Springs Park
- JAKs Beer Garden (10:00 AM - 5:30 PM)

**10:00 AM - 11:15 AM**
- First finishers expected

**1:30 PM**
- Top 5 Overall and Master's Marathon Awards Ceremony

**4:00 PM**
- Age Group Marathon Awards Ceremony

**5:10 PM**
- Marathon Finish Line Closes
3 Bib Pickup

WHEN:

Thursday: 4:30–7:30 p.m. (Both races)
Friday: 10:00 a.m.–7:00 p.m. (Both races)
Saturday: 5:30–7:00 a.m. (Ascent ONLY), 1:00–6:00 p.m. (Marathon)
Sunday: 5:30–7:00 a.m. (Marathon)

WHERE: Memorial Park, Manitou Springs

BRING: Photo ID

Please arrive with your photo ID to receive your race wristband(s). This band will need to remain on through the conclusion of your race. It serves as your ticket for transportation off the summit in the Ascent.

Runners must pick up their own bibs ONLY and will not be allowed to pick up for anyone else. ID will be checked. Please obey all parking signs on the streets of Manitou Springs; there is no free parking.

Be sure to fill out your emergency information and medical contact on the back of your bib.

4 PPM Expo Supported by Scheels

WHEN:

Thursday: 4:30–7:30 p.m.
Friday: 10:00 a.m.–7:00 p.m.
Saturday: 9:00 a.m.–6:00 p.m.
Sunday: 10:00 a.m.–5:00 p.m.

WHERE: Thursday through Saturday, Manitou Springs Memorial Park, 502 Manitou Ave.; Sunday ONLY at Soda Springs Park, 1016 Manitou Ave.

The JAKs Brewing beer garden will be open 12:00–7:00 p.m. Friday, 9:00 a.m. - 6:00 p.m. Saturday, and 10:00 a.m. - 5:30 p.m. Sunday. The Pikes Peak Marathon Expo supported by Scheels is where you can grab custom race merchandise from brands like BOCO, Nalgene, Salomon, and BornFit at our merchandise tent. Be sure to make some time to stop by. Credit card and cash accepted.

Also, visit our awesome vendors, including Salomon and Heuberger Subaru! And don’t forget to get a post-race massage from Colorado Institute of Massage Therapy! (See maps on pages 4-5 for more details about our expo and vendor setup.) We love our furry friends as well as yours, but please leave dogs at home for this event.
5  Runner Parking

Be sure to read up and plan ahead to avoid paying more than desired. Nearly all free parking in Manitou Springs is now paid parking. Read on for details:

THURSDAY AND FRIDAY: Hourly parking is located in the Hiawatha Parking Lot, directly east of Memorial Park. Hourly parking is also available along El Paso Boulevard, Manitou Avenue, and Lovers Lane. Please be sure to obey all no parking zones, vendor parking, fire lanes, and resident parking signs – Manitou Springs will be ticketing and towing.

SATURDAY AND SUNDAY:

- **Hiawatha Lot:** The City of Manitou Springs is offering a limited number of reserved parking spots in the Hiawatha Lot, just east of Memorial Park and next to the start line; cost is $15 for the full day and must be purchased in advance [here](#). (You will need to create a Honk account to prepay.) Confirmation must be shown to the parking attendant on event morning. Access this lot from El Paso Boulevard (northeast corner) on race day. Park anywhere in the lot not marked for specific users (e.g., vendors).

- **Manitou Springs High School and Middle School:** Support local athletics teams by paying $10 to park for the full day on Saturday or Sunday! Please bring exact change if possible.

- **Schryver Park:** Also known as the Manitou Springs Pool parking lot, located near U.S. 24 and Manitou Ave. Manitou Springs is offering reserved parking spots 0.9 miles from the start line for an all-day fee of $10. Reservations can be made [here](#). (You will need to create a Honk account to prepay.) Park anywhere in the lot.
  - **Wichita Lot:** First come, first serve; $15 all day.
  - **Smishney Lot:** First come, first serve; $15 all day.
  - **On-Street Parking and the Canon Parking Lot:** The priciest options; use at your own risk.

Parking kiosks will open at 4:00 a.m. on Saturday and Sunday, and daily time limits will be removed so you can pay to park for the entire duration of your race. Click [here](#) for information on how to pay via text. All options are also spelled out on our website. The Briarhurst Manor lot is for VOLUNTEER parking only (permit required). Leave a little extra time on race morning to find (and pay for) your spot, or have a friend or family member drop you off near the starting line.

### Runner Drop-off

If you want to avoid parking hassles, ask a family member or friend to drop you off at the start line! Manitou Avenue will remain open from U.S. 24 to the 400 block. At that point, a runner drop-off line is available for runners to exit the vehicle; vehicles then make a U-Turn to the left and can exit Manitou Springs on Manitou Avenue.
6 Race Start Details

Pikes Peak Ascent
START:
Saturday, September 16
7:00 a.m. (wave 1)
Memorial Park, 502 Manitou Ave., Manitou Springs
FINISH: Summit of Pikes Peak

Pikes Peak Marathon
START:
Sunday, September 17
7:00 a.m. (wave 1)
Memorial Park, 502 Manitou Ave., Manitou Springs
FINISH: Manitou Avenue and Ruxton Avenue, Manitou Springs

General Start Line Procedures for Both Races
ASCENT WAVE ASSIGNMENTS: results.pikespeakmarathon.org/regstats/2023/ppa.html
MARATHON WAVE ASSIGNMENTS: results.pikespeakmarathon.org/regstats/2023/ppm.html
The bib number is correlated with a runner’s start wave assignment. Bibs 1-99 are reserved for the top women; bibs 100-199 are reserved for the top men. Bibs 1-199 will all begin in wave 1 at 7:00 a.m. Runners 200-299 are in wave 2 beginning at 7:02 a.m., 300-399 in wave 3 at 7:03 a.m., and on down the line. This race is chip timed, so your time will not be counted until you cross the start line.

<table>
<thead>
<tr>
<th>Wave 1</th>
<th>Wave 2</th>
<th>Wave 3</th>
<th>Wave 4</th>
<th>Wave 5</th>
<th>Wave 6</th>
<th>Wave 7</th>
<th>Wave 8</th>
<th>Wave 9</th>
<th>Wave 10</th>
<th>Wave 11</th>
<th>Wave 12</th>
<th>Wave 13</th>
<th>Wave 14</th>
<th>Wave 15</th>
<th>Wave 16</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-199</td>
<td>200-299</td>
<td>300-399</td>
<td>400-499</td>
<td>500-599</td>
<td>600-699</td>
<td>700-799</td>
<td>800-899</td>
<td>900-999</td>
<td>1000-1099</td>
<td>1100-1199</td>
<td>1200-1299</td>
<td>1300-1399</td>
<td>1400-1499</td>
<td>1500-1599</td>
<td>1600-1699</td>
</tr>
</tbody>
</table>

Official Race Timing
Runners must affix their bib to the front of their clothing. This provides the race organization and timing experts with clear access to your bib number for safety and official finisher results.

Runners may start in a later wave than they are assigned. There is no need to alert the timing crew ahead of time, as the chip system will automatically adjust your starting time. Note that starting in an earlier wave will result in disqualification, so don’t do that.

It is anticipated that there will be split timing locations at the Start, Top of the W’s aid station, No Name aid station, Barr Camp, A-Frame, and the Summit. These split times will be posted live on the race website as connectivity to the locations allows.

Drop Bags/Sweat Check
ASCENT: Pick up a Scheels reusable bag at bib pickup to fill with personal items you’d like to have at the summit. Bring your bag to the drop-off area in Memorial Park on race morning. Sweat check is located along Old Mans Trail, across from the port-a-potties.

You will retrieve your bag at the summit after finishing. Bags will be marked according to your bib number. Some items that might be nice once you finish include dry layers and a hat. Race officials are not responsible for lost valuables in sweat check bags, so don’t bring anything you can’t live without!

MARATHON: Pick up a Scheels reusable sweat check bag at bib pickup. You will retrieve your bag near the finish line in Manitou Springs. Bags will be marked according to your bib number. Consider packing recovery shoes and a dry shirt.
While this guide provides an overview of the 2023 updated race requirements, runners are also responsible for knowing and abiding by all official course rules, found online at pikespeakmarathon.org/rules.html. Some important ones:

- **Headphones, earbuds, and external speakers are prohibited**
- Hiking poles are prohibited
- Downhill runners have the right of way
- Starting in a wave before your assigned wave will result in disqualification
- Unsportsmanlike conduct will be reported and could result in disqualification and a lifetime ban from future Pikes Peak races
- Carry the mandatory gear! (More below.)

### Mandatory Gear Requirement

You are running up a 14,115-foot mountain and must be prepared for unpredictable weather changes. Many Pikes Peak Marathon + Ascent veteran runners will remember the years the entire race has been called due to extreme weather with runners forced to turn around and run down Barr Trail. There is no easy way to get off the mountain quickly, so having hydration and a jacket available can be essential or even life-saving in the event of extenuating circumstances. All runners in the Pikes Peak Ascent or Marathon must carry the following:

- **JACKET:** A hooded, windproof, water-resistant (or waterproof), breathable outer layer will be required. **Plastic ponchos are not acceptable.**
- **WATER:** Runners are required to carry a 12-ounce or larger refillable and sealable water bottle or similar. This may be a combination of multiple containers, flasks, hydration packs, or similar. **Single-use disposable bottles are not acceptable.**

Please note the mandatory gear requirement for **ALL** Pikes Peak Marathon + Ascent runners and race rules have been designed to enhance everyone’s overall race experience, enjoyment, and safety. Any runner who fails to comply with the gear requirement or race rules will be subject to disqualification from the race(s).

### Leave No Trace

Last year Pikes Peak Ascent and Marathon went cupless as we continue to become more environmentally conscious and reduce our waste each year. All runners will receive a FREE reusable Speed Cup from our partners at HydraPak. Reusable cups will be available at the bib pickup booth. Please note, these collapsible, reusable cups do NOT meet the mandatory gear requirements. We intend for runners to use these cups for pickle juice, Coke, and even for snacks on the go. You are still required to carry a sealable 12-ounce or greater water vessel.

Please join us in our effort to reduce our waste during the Pikes Peak races and ensure your safety while participating in this historic race. There will still be on-course “trash zones” available for runners needing to dispose of wrappers and nutritional items.
8 Cutoff Times and Runner Tracking

For your safety and the safety of the race support personnel, there are cutoff times (mandatory turnaround times) at No Name, Barr Camp, A-Frame, and at the Summit. If you do not make the cutoff times, you will not be allowed to continue the race. There are no exceptions.

On-course cutoff times indicated below are elapsed times from each runner’s start time. Any runner continuing past their cutoff time will be automatically removed from the results.

LOCATION CUTOFF TIME:
- No Name (4.3 mi, 8,800’) 1:40:00
- Barr Camp (7.6 mi, 10,200’) 3:10:00
- A-Frame (10.2 mi, 11,950’) 4:30:00
- Summit/Ascent Finish (13.3 mi, 14,115’) 6:30:00
- Summit/Marathon Turn-Around (13.3 mi, 14,115’) 6:15:00
- Marathon Finish (26.2 mi, 6,300’) 10:00:00

Runner Tracking
Timing mats are available along the course, and (signal depending) we will attempt to keep our results page up to date as runners cross them in close to real time. Please bear with us, as sending data from the side of a mountain can sometimes prove challenging.

Inclement Weather
If the race needs to be called for weather, three loud horn blasts will sound and be echoed by each aid station going down the mountain. All competitors should turn around when they hear that signal regardless of where they are in the competition. All aid stations will have the most up to date information and will inform runners who are in the surrounding areas.
Elevation gain (start to summit) is 7,815 feet (2,382 meters); the start is at 6,300 feet (1,920m) and the summit is 14,115 feet (4,302m) above sea level. The Marathon turnaround is at approximately 14,050’. The ascent leg of the Marathon has very few stretches that are not going uphill, with the average grade being 11%. Read more about the course on our website: www.pikespeakmarathon.org/course-info.html.

### Food/Fuel Available
We do our best to stock our aid stations with a variety of items (pretzels, grapes, bananas, water, Skratch, etc.), but it may vary by location. We suggest you bring specific nutrition that you require as we cannot guarantee the availability or location of items. There will be on course “trash zones” for runners to dispose of wrappers or nutrition items.

### Dress Smart
Mountain weather can be volatile and unpredictable. Be sure to check the forecast, but also come prepared for quick temperature drops and potential storms with an extra layer, hat, and gloves. This is in addition to the mandatory jacket required to be carried by each runner for the entire race.
10  Ascent Day: Summit Visitors Center and Leaving the Summit

The Pikes Peak Highway staff welcome you to the state-of-the-art Pikes Peak Summit Visitor Center, which opened in June 2021. This facility provides an opportunity to share in the history of the mountain, enjoy a world-famous high altitude donut, and take in the expansive views after your long run up Barr Trail. Our race is privileged to have access to the Summit Visitor Center and to maintain this strong partnership we hope you will take care of the Visitor Center as much as possible.

Once you are finished with the Ascent, feel free to explore the Visitor Center. Please use the indoor bathroom facilities to change clothing! As runners, we know is tempting to change in the middle of the lobby, but there will be other guests beyond the running community in the Visitor Center and we wish to respect their experience.

Additionally, the indoor stairs are a great way to take a seat and a well deserved rest after your huge accomplishment. However, please do not sit in the middle of the staircase. Runners must sit to the right railing of the stairs when facing the stairs from the bottom. Again, other summit guests will need to access the stairs and the other railing for a safe experience.

After you have experienced the Visitor Center, make your way up the stairs or elevator to the second floor and outside to the line of passenger vans waiting to take runners down the mountain. All runners will need to return to Memorial Park in Manitou Springs to pick up your runner shirt, free beer, pizza, and to mingle with other runners and your support crew. Vans will take runners from the summit to Glen Cove; there, runners will unload and transfer to buses for the rest of the ride back to Memorial Park.

Please be patient at the summit while our volunteer van drivers navigate the influx of spectators on the Pikes Peak Highway.

11  Spectators

Live Stream
Check our website on race day for the link to a live stream of the race. This can be watched on your personal device from anywhere.

Footage of each race begins at 7:00 a.m. For the Ascent, we will have a great viewing party at Memorial Park. Come hang out to cheer on all the runners as they exit the runner bus and celebrate their accomplishments! Beer and merchandise sales will be available in Memorial Park throughout the day as well.

On marathon day, the live stream screen will be set up on the stage in Soda Springs Park. Spectators are encouraged to set up camp in the park as you watch the live stream video of the race, cheer, and welcome your runner back to Manitou Springs.

Ascent Summit Parking Pass Holders
All parking passes are sold out for summit day. Read on if you were able to purchase one.

Spectators who have secured a Pikes Peak Summit or Devils Playground Parking Pass:

- Each spectator 6 years of age and older will need to purchase a Pikes Peak Highway Admission Ticket. Admission Tickets can be purchased online ahead of time or in person at the Pikes Peak Highway entrance on race day.
  - Admission Ticket Online Sales
- Parking passes must be picked up at the Pikes Peak Marathon Expo in Memorial Park (502 Manitou Ave, Manitou Springs, CO 80829) at the information tent. A valid ID will be required to pick up the parking pass. Find the line specific to parking passes.
Parking Pass Pickup Times:
- Thursday, September 14, 4:30-7:30 p.m.
- Friday, September 15, 10 a.m. - 7 p.m.
- Saturday, September 16, after the race starts, 7:15 - 7:45 a.m.

Parking pass holders may enter the Pikes Peak Highway gate at 7:30 a.m. or later. Check your email for additional information to be sent out race week.

**Pikes Peak Summit Parking Pass:** This pass is good for any Summit parking spot from 8:00 a.m. until 1:00 p.m.

**Devils Playground Parking Pass:** This pass does not allow for Summit parking; however, all passengers within a vehicle with a paid parking pass will have access to a FREE shuttle. This shuttle, provided in partnership with Rocky Mountain Ride, will drive official spectators up to the summit and back down to their cars from 8:00 a.m. until 2:00 p.m. Those with specific wristbands will have access to this shuttle. Wristbands will be picked up along with the parking pass, and extras will be available at Devils Playground for any additional passengers.

- Does my runner need a Rocky Mountain Ride wristband? No, runners can join spectators with official Rocky Mountain Ride wristbands on this shuttle down to Devils Playground. The runner wristband will be accepted on these shuttles.
- Runners will need to be brought back to Memorial Park in Manitou Springs to pick up their hard-earned runner shirt and post race food and beer. Runners can also take the official race shuttles and buses that will go directly to Memorial Park.

**Marathon Day Summit Access**
Spectators wishing to see their runner turn around at the top of the summit can purchase a 2-hour reservation through the Pikes Peak Highway reservation system.

Or join the Pikes Peak cheering squad at the Marathon finish along the roundabout at Ruxton Ave and Manitou Ave. Soda Springs Park will have live stream viewing available at the post race party.

Reminder, all spectators agree to the Pikes Peak Highway’s terms of use when purchasing an Admission Ticket. Terms to be aware of:
- The individual purchasing the pass MUST be present in the vehicle and show a government issued ID to validate the parking pass and admission ticket.
- All access is weather permitting and access to the summit is not guaranteed. Refunds will not be issued for your purchase.
- This pass is non-refundable, non-transferable, and non-exchangeable.
- Pikes Peak - America’s Mountain is a tobacco free campus.
- Drone use is prohibited.

**Hiking from Devils Playground**
For the Sunday marathon, the general public and spectators are allowed to purchase a Pikes Peak Highway Admission Ticket without purchasing a parking pass sold by the Pikes Peak Marathon organization. Without a parking pass, vehicles must park at mile 16/Devil’s Playground parking lot. There will be a Pikes Peak Highway ranger checking for parking passes.

To hike from this parking lot to the summit, spectators must be prepared to hike 3 miles one way to the top from 12,000 to 14,000 feet in elevation. We recommend not attempting this hike unless you have completed it prior to race day.

Find more spectator information at pikespeakmarathon.org/spectators.html
Call for Volunteers
The 2023 Pikes Peak Marathon + Ascent is still in need of volunteers to support our historic races. There are still plenty of positions needing to be filled over the race weekend from Saturday, Sept. 16 (Ascent) through Sunday, Sept. 17 (Marathon). No position is too small to volunteer for. Take a look at all the open volunteer positions online.
Love hiking and being on the mountain? Sign up for an aid station, serving runners water and Skratch. These positions are vital to the races’ success.

Not a fan of hiking? No problem. We have a variety of positions available at the expo and post-race event at Memorial Park and Soda Springs Park in Manitou Springs.
All volunteers receive a free tech shirt, food, and transportation from the race organization as needed for various locations. Join an incredible organization, cheer on the runners, and even get a front row seat to watch your favorite runner accomplish a great feat!

12 Runner Item

Runners will receive a quarter-zip shirt for the Ascent and/or a full-zip lightweight jacket for the Marathon. Runners who complete the race(s) in the posted cutoff times will receive a finisher’s medal.
Doubles, those special souls who participate in both races, will receive an additional item.
Marathon Day Finish Line
Marathon runners, race staff would like to keep you in the loop with a few changes to our marathon finish line. This year we will be offering a limited supply of finish line food and are moving most post-race snacks over to Soda Springs Park. We understand that most runners are ready for a seat and ice pack inside the finish line tent and not ready for food until you have cooled down. We still invite runners to cool off in the finish line tent and grab some refreshments and ice before heading to sweat check, the outdoor showers, and the post race party. We will of course have medical treatment available in the finish line tent from our partner On-Site Medical Care.

We encourage you and your support crew to spend your post-race time at Soda Springs Park, right across the street. There is ample shade, access to the creek to cool off, plenty of food and refreshments, beer (starting at 10:00 a.m.), and runner jackets! Don’t forget about the pavilion that will have shade, seating, and a live stream of the runners still on course. Awards will be presented in this location as well.

Ascent and Marathon Awards

OVERALL ASCENT: Top 10
OVERALL MARATHON: Top 5
MASTERS: Top 5
5-YEAR AGE GROUPS: Top 3

The Ascent awards ceremony will take place in Memorial Park in Manitou Springs at 5:00 p.m. on Saturday, Sept. 16. This timing ensures results can be verified from the summit timer prior to awards.

Marathon overall awards will be presented in Soda Springs Park at 1:30 p.m. on Sunday, Sept. 17, with Masters and Age Group awards at 4:00 p.m.

Note that anyone in the top 10 (ascent) and top 5 (marathon) overall men and women win a cash prize! Check our website for details.

Celebrate Your Accomplishment
Once you return from the summit either by bus or by foot after your race, we hope you’ll join us for refreshments and camaraderie with your fellow runners. Pick up your well-earned runner item(s) in Memorial Park on Saturday and/or Soda Springs Park on Sunday. You’ll also find representatives from the Colorado Institute of Massage Therapy ready to help with sore muscles. Parry’s Pizza will be serving pizza and gluten-free options. We’ll have plenty of water and Skratch products to quench your thirst. Don’t forget to stop by the JAKs beer tent, where they will be offering a variety of beer including our Summit Sipper Lite Lager and seltzer.

Lost and Found
Lost and found will be located at the information tent in Memorial Park from Thursday to Saturday.

On Sunday, lost and found will be located in Soda Springs Park at the volunteer check-in table. Find any race staff member to direct you. Any remaining Ascent Sweat Check bags will be located in the lost and found in Soda Springs Park on Sunday.

After race weekend, all lost and found items will be moved to the Pikes Peak Marathon office for a limited time.
THANK YOU, RUNNERS!

Please support our amazing sponsors, who make our races possible.